

as of December 10, 2010

Mt. Sac All-Time List Sub 17:00 (Pre 1999)

1	15:22 Shawn Frack	Prelims	1991
2	15:52 Ralph Spennato	Finals	1992
3	16:01 Ryan Bousquet	Finals	1997
4	16:02 Brian Hild	Invitational	1988
5	16:04 John Walsh	Prelims	1991
6	16:10 Demello	Prelims	1986
7	16:26 Brookorb	Prelims	1984
8	16:28 John Carrow	Prelims	1986
9	16:30 Knapp	Prelims	1984
10	16:31 Ben Carter	Prelims	1996
11	16:37 Robert Saucedo	Prelims	1984
12	16:39 Adam Crone	Prelims	1995
13	16:48 Jeff Houch	Prelims	1997
14	16:49 Zack Thompson	Prelims	1996
15	16:50 Richard Cary	Invitational	1990
16	16:50 Kenfield	Prelims	1988
17	16:54 Lagenwalter	Prelims	1985
18	16:59 Holas	Invitational	1988
19	16:59 Brian O'Neil	Invitational	1983

Mt. Sac All-Time List Sub 17:00 (1999 and Later)

1	15:11 Mike Chavez	Finals	2002
2	15:20 Ryan Bousquet	Finals	1999
3	15:25 Elliot Myers	Finals	2009
4	15:28 Steven Schnieders	Finals	2008
5	15:33 Amar Dholakia	Invitational	2010
6	15:42 Andrew Tran	Invitational	2001
7	15:45 Danny Ledesma	Finals	2009
8	15:48 Stephen Murvin	Invitational	2002
9	16:03 Andrew Lindsay	Invitational	2010
10	16:05 Cody Viers	Finals	2009
11	16:05 David Cummings	Prelims	2006
12	16:05 Thomas French	Prelims	2010
13	16:08 Justin Ogan	Invitational	2010
14	16:09 Jake McHaffie	Prelims	2006
15	16:13 Sean Staymates	Finals	2001
16	16:16 Tyler Schieldge	Prelims	2009
17	16:19 Chris Collins	Invitational	2010
18	16:20 Danny Khalili	Invitational	2003
19	16:23 Kurtis Merget	Invitational	2010
20	16:24 Nick Comiskey	Invitational	2002
21	16:25 Adam Miller	Prelims	1999
22	16:26 Brody Palmer	Finals	2009
23	16:26 Jason Kisner	Finals	1999
24	16:30 Mike McFawn	Prelims	2003
25	16:32 Scott Chadez	Invitational	2005
26	16:36 Ernesto Sierra	Invitational	2009
27	16:38 Matt Sommer	Invitational	2010
28	16:38 Ralph Pettus	Invitational	2002
29	16:39 Mike Yoshinaga	Prelims	2006
30	16:40 Taylor Delay	Invitational	2010
31	16:40 Chris Lavacot	Invitational	2004
32	16:41 Jamie Herrick	Invitational	2002
33	16:45 Randy Fierro	Prelims	2009
34	16:46 Tyler Patterson	Invitational	2003
35	16:49 Steve Bacchetti	Finals	1999
36	16:52 Ben Kisner	Finals	2008
37	16:53 Ryan Naylor	Invitational	2010
38	16:54 Bill Pettus	Invitational	2009
39	16:57 Joey Eberlein	Prelims	2003
40	16:58 Greg Lombardo	Invitational	2005

Mt. Sac Sub 19:00 Freshmen (Pre 1999)

1	17:13 Shawn Frack	Prelims	1989
2	17:46 Arnett	Prelims	1986
3	17:53 Adam Miller	Prelims	1996
4	17:57 Jason Kincade	Invitational	1994
5	17:57 John Miller	Invitational	1987
6	18:07 David Stanton	Invitational	1983
7	18:07 Scott Danforth	Invitational	1997
8	18:15 Kenfield	Invitational	1987
9	18:34 George Solomos	Invitational	1996
10	18:41 Alciatore	Prelims	1986
11	18:47 Linton	Invitational	1987
12	18:53 Brian Winter	Invitational	1996
13	18:53 Andrew Tran	Invitational	1998

Mt. Sac Sub 19:00 Freshmen (1999 and Later)

1	16:20 Elliot Myers	Invitational	2007
2	16:25 Mike Chavez	Finals	1999
3	16:49 Steve Bacchetti	Finals	1999
4	17:00 Scott Chadez	Invitational	2003
5	17:35 Thomas French	Invitational	2008
6	17:39 Amar Dholakia	Invitational	2008
7	17:45 Andrew Lindsay	Invitational	2007
8	17:48 Tyler Schieldge	Invitational	2006
9	17:51 Kurtis Merget	Invitational	2007
10	17:53 Kyle Cox	Invitational	2005
11	17:59 Kevin Wei	Invitational	2003
12	18:03 Ryan Rissetter	Invitational	2005
13	18:06 Jake McHaffie	Invitational	2003
14	18:09 Thomas Bahra	Invitational	2003
15	18:10 Spencer Sheridan	Invitational	2002
16	18:13 Kyle Stowell	Invitational	2008
17	18:16 Steven Schnieders	Invitational	2005
18	18:17 Joey Eberlein	Invitational	2001
19	18:25 Ryan Owens	Invitational	2008
20	18:25 Justin Ogan	Invitational	2007
21	18:30 Shane McIlwain	Invitational	2007
22	18:32 Jason Stokes	Invitational	2003
23	18:38 Mike Pitluk	Invitational	2001
24	18:45 Sean Tran	Invitational	2002
25	18:47 Peter Abba	Invitational	2001
26	18:52 Jason Thomas	Invitational	2002
27	18:52 Bryan Yoshinaga	Invitational	2005
28	18:59 Ryan Erickson	Invitational	2003