

# Principles of Effective Teamwork

If we are going to be a positive and effective cross country team every person should know the basics: What are the Principles of Teamwork.

- Put the team first.....
- Share team information openly.....
- Be part of the solution, not the part of the problem.....
- Try first to understand others on the team.....
- Respect other opinions on the team.....
- Ask and encourage questions from others.....
- Make rational decisions, think before you act.....
- Eliminate internal competition, look toward the end result.....
- Build trust with others through honesty and integrity.....
- Treat one another with dignity and respect.....
- Make a commitment to excellence for the team and with yourself.....
- Be accountable for your actions.....
- Accept mistakes and learn from them.....
- Learn and grow continuously.....
- Depend on others another yet be independent and grow.....
- Be patient and persevere.....
- As a member of the team you have accepted the concept of teamwork and committed yourself to following the basic principles. Don't be a rock on our finely groomed cross country path to success.....

Taken from Pulling Together--Principles of Effective Teamwork by John Murphy